

2024 Suntrail Course Splits

Rank	Name/Team Name	Category	Finish	Paddle	TA1	Bike	TA2	Run
1	Jakob Van Dorp 153	Male	1:46:50	0:21:08	0:22:20	1:16:28	1:17:06	1:46:50
				0:21:08	0:01:12	0:54:08	0:00:38	0:29:44
2	Andrew Jeffery 138	Male	1:50:02	0:23:18	0:24:26	1:19:57	1:20:54	1:50:02
				0:23:18	0:01:08	0:55:31	0:00:57	0:29:08
3	Adam Akerman 119	Male	1:55:41	0:25:20	0:26:13	1:19:59	1:20:42	1:55:41
				0:25:20	0:00:53	0:53:46	0:00:43	0:34:59
4	Jan-Louis Henning 136	Male	1:57:43	0:28:55	0:30:13	1:29:15	1:29:45	1:57:43
				0:28:55	0:01:18	0:59:02	0:00:30	0:27:58
5	Peter Beisel 121	Male	1:58:38	0:24:51	0:25:58	1:21:51	1:22:47	1:58:38
				0:24:51	0:01:07	0:55:53	0:00:56	0:35:51
6	Jake Schwass 149	Male	2:07:54	0:29:03	0:29:54	1:32:39	1:33:37	2:07:54
				0:29:03	0:00:51	1:02:45	0:00:58	0:34:17
7	Rob Sealey 191	Masters Male	2:07:58	0:30:38	0:32:48	1:31:52	1:32:50	2:07:58
				0:30:38	0:02:10	0:59:04	0:00:58	0:35:08
8	Jack Simpson 192	Masters Male	2:09:08	0:24:00	0:25:53	1:29:18	1:30:54	2:09:08
				0:24:00	0:01:53	1:03:25	0:01:36	0:38:14
9	Ben Burrows 123	Male	2:09:21	0:28:58	0:31:00	1:31:54	1:33:10	2:09:21
				0:28:58	0:02:02	1:00:54	0:01:16	0:36:11
10	Jesse Fortier 132	Male	2:12:34	0:33:51	0:35:11	1:36:48	1:37:42	2:12:34
				0:33:51	0:01:20	1:01:37	0:00:54	0:34:52
11	G&M 226	Team Male	2:14:45	0:30:05	0:32:33	1:36:50	1:38:03	2:14:45
				0:30:05	0:02:28	1:04:17	0:01:13	0:36:42
12	Paul St. Pierre 193	Masters Male	2:14:53	0:25:11	0:26:39	1:32:56	1:34:25	2:14:53
				0:25:11	0:01:28	1:06:17	0:01:29	0:40:28
13	Lindsey Sutherland 116	Female	2:15:15	0:30:18	0:31:44	1:41:11	1:41:44	2:15:15
				0:30:18	0:01:26	1:09:27	0:00:33	0:33:31
14	Icy Cowfish 227	Team Male	2:15:35	0:25:36	0:26:39	1:32:38	1:33:17	2:15:35

				0:25:36	0:01:03	1:05:59	0:00:39	0:42:18
15	Anthony Lasek 140	Male	2:16:09	0:33:04	0:34:25	1:40:38	1:42:07	2:16:09
				0:33:04	0:01:21	1:06:13	0:01:29	0:34:02
16	Dan Dakin 174	Masters Male	2:16:45	0:32:37	0:33:23	1:38:42	1:39:42	2:16:45
				0:32:37	0:00:46	1:05:19	0:01:00	0:37:03
17	Paul Hollingshead 182	Masters Male	2:18:22	0:32:51	0:34:31	1:39:53	1:41:24	2:18:22
				0:32:51	0:01:40	1:05:22	0:01:31	0:36:58
18	Ken Whatmough 195	Masters Male	2:19:06	0:24:32	0:26:24	1:35:42	1:37:07	2:19:06
				0:24:32	0:01:52	1:09:18	0:01:25	0:41:59
19	Ian Eix 177	Masters Male	2:19:22	0:31:33	0:34:23	1:38:41	1:40:27	2:19:22
				0:31:33	0:02:50	1:04:18	0:01:46	0:38:55
20	Blazing Saddles 223	Team Male	2:21:22	0:31:40	0:33:01	1:38:43	1:40:34	2:21:22
				0:31:40	0:01:21	1:05:42	0:01:51	0:40:48
21	Edwin Ampolitod 168	Masters Male	2:24:32	0:38:22	0:39:53	1:38:35	1:40:25	2:24:32
				0:38:22	0:01:31	0:58:42	0:01:50	0:44:07
22	Jolie McKnight 109	Female	2:24:36	0:31:47	0:33:23	1:45:25	1:46:50	2:24:36
				0:31:47	0:01:36	1:12:02	0:01:25	0:37:46
22	Steve Bator 169	Masters Male	2:24:36	0:34:08	0:36:54	1:45:14	1:47:07	2:24:36
				0:34:08	0:02:46	1:08:20	0:01:53	0:37:29
24	KODY BLACKMORE 122	Male	2:25:30	0:33:22	0:35:30	1:46:33	1:47:32	2:25:30
				0:33:22	0:02:08	1:11:03	0:00:59	0:37:58
25	Steve MacGregor 185	Masters Male	2:26:08	0:33:07	0:34:48	1:37:07	1:39:00	2:26:08
				0:33:07	0:01:41	1:02:19	0:01:53	0:47:08
26	Amateur Adventurers 222	Team Male	2:26:23	0:32:48	0:33:36	1:48:36	1:49:11	2:26:23
				0:32:48	0:00:48	1:15:00	0:00:35	0:37:12
27	Scrambled Legs and Achin 230	Team Male	2:26:59	0:33:13	0:36:36	1:46:42	1:48:28	2:26:59
				0:33:13	0:03:23	1:10:06	0:01:46	0:38:31
28	Joe Ward 154	Male	2:27:37	0:30:46	0:32:36	1:44:15	1:45:21	2:27:37
				0:30:46	0:01:50	1:11:39	0:01:06	0:42:16
29	Francis Green 179	Masters Male	2:27:40	0:33:56	0:36:06	1:44:03	1:46:00	2:27:40

				0:33:56	0:02:10	1:07:57	0:01:57	0:41:40
30	Katelyn Giesbrecht 101	Female	2:29:08	0:41:32	0:42:33	1:48:50	1:50:32	2:29:08
				0:41:32	0:01:01	1:06:17	0:01:42	0:38:36
31	Carl McCaskell 186	Masters Male	2:29:50	0:31:24	0:34:34	1:46:29	1:47:37	2:29:50
				0:31:24	0:03:10	1:11:55	0:01:08	0:42:13
32	Patchamama 209	Team Male	2:29:57	0:35:55	0:38:29	1:50:31	1:51:07	2:29:57
				0:35:55	0:02:34	1:12:02	0:00:36	0:38:50
33	Kirstin Schwass 166	Masters Female	2:30:20	0:31:54	0:32:51	1:46:06	1:47:08	2:30:20
				0:31:54	0:00:57	1:13:15	0:01:02	0:43:12
34	David Welsh 155	Male	2:30:25	0:35:55	0:38:57	1:46:17	1:47:42	2:30:25
				0:35:55	0:03:02	1:07:20	0:01:25	0:42:43
35	Monsters 207	Team Coed	2:30:28	0:31:43	0:32:54	1:49:56	1:50:41	2:30:28
				0:31:43	0:01:11	1:17:02	0:00:45	0:39:47
36	Wade Glasspoole 134	Male	2:31:01	0:26:30	0:28:37	1:50:49	1:53:25	2:31:01
				0:26:30	0:02:07	1:22:12	0:02:36	0:37:36
37	Jeff Small 151	Male	2:31:08	0:33:09	0:37:32	1:43:52	1:45:42	2:31:08
				0:33:09	0:04:23	1:06:20	0:01:50	0:45:26
38	Michael Read 146	Male	2:31:44	0:33:02	0:34:43	1:52:17	1:53:10	2:31:44
				0:33:02	0:01:41	1:17:34	0:00:53	0:38:34
39	Brandon Rogers 148	Male	2:32:18	0:38:10	0:39:43	1:53:39	1:54:52	2:32:18
				0:38:10	0:01:33	1:13:56	0:01:13	0:37:26
40	Orlando Martina 141	Male	2:32:36	0:37:35	0:42:16	1:54:19	1:56:18	2:32:36
				0:37:35	0:04:41	1:12:03	0:01:59	0:36:18
41	Geoff Hutten 137	Male	2:32:50	0:33:06	0:35:05	1:44:41	1:45:49	2:32:50
				0:33:06	0:01:59	1:09:36	0:01:08	0:47:01
42	Ethan Fitton 131	Male	2:33:17	0:37:41	0:39:50	1:46:58	1:48:29	2:33:17
				0:37:41	0:02:09	1:07:08	0:01:31	0:44:48
43	Jason Ryan 190	Masters Male	2:33:39	0:32:58	0:35:38	1:48:12	1:50:03	2:33:39
				0:32:58	0:02:40	1:12:34	0:01:51	0:43:36
44	Al Sutherland 152	Male	2:33:56	0:31:46	0:34:18	1:46:14	1:47:56	2:33:56

				0:31:46	0:02:32	1:11:56	0:01:42	0:46:00
45	Danny McDonald 187	Masters Male	2:34:14	0:26:14	0:29:02	1:47:35	1:48:37	2:34:14
				0:26:14	0:02:48	1:18:33	0:01:02	0:45:37
46	Jenna Kentel 104	Female	2:35:36	0:36:44	0:38:48	1:56:51	1:57:34	2:35:36
				0:36:44	0:02:04	1:18:03	0:00:43	0:38:02
47	Esser Family 225	Team Male	2:35:43	0:30:02	0:35:07	1:48:45	1:50:53	2:35:43
				0:30:02	0:05:05	1:13:38	0:02:08	0:44:50
47	PAUL FOSTER 178	Masters Male	2:35:43	0:35:13	0:36:46	1:53:10	1:54:07	2:35:43
				0:35:13	0:01:33	1:16:24	0:00:57	0:41:36
49	Luke Burrows 124	Male	2:36:03	0:31:52	0:34:12	1:50:06	1:52:37	2:36:03
				0:31:52	0:02:20	1:15:54	0:02:31	0:43:26
50	David Dolson 175	Masters Male	2:37:36	0:32:28	0:35:49	1:52:28	1:53:27	2:37:36
				0:32:28	0:03:21	1:16:39	0:00:59	0:44:09
51	Paul Moore 145	Male	2:37:53	0:31:58	0:34:08	1:56:03	1:57:48	2:37:53
				0:31:58	0:02:10	1:21:55	0:01:45	0:40:05
52	Claudette McKnight 163	Masters Female	2:37:55	0:30:03	0:32:45	1:50:16	1:51:29	2:37:55
				0:30:03	0:02:42	1:17:31	0:01:13	0:46:26
53	Jfr 205	Team Coed	2:38:24	0:37:26	0:38:31	1:58:31	2:00:45	2:38:24
				0:37:26	0:01:05	1:20:00	0:02:14	0:37:39
54	andrew prior 189	Masters Male	2:39:24	0:31:37	0:34:58	1:52:14	1:55:29	2:39:24
				0:31:37	0:03:21	1:17:16	0:03:15	0:43:55
55	Boom Shakalaka 216	Team Female	2:40:00	0:32:37	0:35:09	1:51:07	1:53:30	2:40:00
				0:32:37	0:02:32	1:15:58	0:02:23	0:46:30
56	Lily dippers 206	Team Coed	2:40:15	0:36:29	0:38:21	1:55:06	1:56:05	2:40:15
				0:36:29	0:01:52	1:16:45	0:00:59	0:44:10
57	Full Throtle 204	Team Coed	2:41:01	0:36:37	0:38:28	1:51:47	1:53:34	2:41:01
				0:36:37	0:01:51	1:13:19	0:01:47	0:47:27
58	Katie Kwasnicki 107	Female	2:42:21	0:33:01	0:36:11	1:57:40	1:58:36	2:42:21
				0:33:01	0:03:10	1:21:29	0:00:56	0:43:45
59	Lindsey Chapman 100	Female	2:42:28	0:35:28	0:37:25	1:55:56	1:57:09	2:42:28

				0:35:28	0:01:57	1:18:31	0:01:13	0:45:19
60	Nicole Romer 113	Female	2:42:45	0:32:11	0:33:48	1:53:54	1:56:10	2:42:45
				0:32:11	0:01:37	1:20:06	0:02:16	0:46:35
61	Shaun Devlin 126	Male	2:42:58	0:35:35	0:37:59	1:59:26	1:59:57	2:42:58
				0:35:35	0:02:24	1:21:27	0:00:31	0:43:01
62	Heather Hill 102	Female	2:43:03	0:35:21	0:37:45	2:03:37	2:04:43	2:43:03
				0:35:21	0:02:24	1:25:52	0:01:06	0:38:20
63	Leanne MacLaughlin 108	Female	2:43:15	0:34:14	0:35:49	2:00:02	2:01:21	2:43:15
				0:34:14	0:01:35	1:24:13	0:01:19	0:41:54
64	WADE BEATTIE 170	Masters Male	2:44:22	0:37:30	0:40:16	1:58:07	2:00:36	2:44:22
				0:37:30	0:02:46	1:17:51	0:02:29	0:43:46
65	Luke Ecclestone 129	Male	2:44:29	0:38:25	0:41:59	2:02:21	2:05:16	2:44:29
				0:38:25	0:03:34	1:20:22	0:02:55	0:39:13
66	Deanna Orsi 164	Masters Female	2:45:23	0:36:06	0:37:49	1:59:35	2:00:32	2:45:23
				0:36:06	0:01:43	1:21:46	0:00:57	0:44:51
67	Edwin Pabitu 125	Masters Female	2:46:36	0:46:09	0:48:40	1:58:02	1:59:38	2:46:36
				0:46:09	0:02:31	1:09:22	0:01:36	0:46:58
68	Mario Rigby 147	Male	2:46:59	0:31:09	0:33:03	1:55:55	1:57:38	2:46:59
				0:31:09	0:01:54	1:22:52	0:01:43	0:49:21
69	Jeff Willman 156	Male	2:47:42	0:33:24	0:36:10	1:56:49	1:57:53	2:47:42
				0:33:24	0:02:46	1:20:39	0:01:04	0:49:49
70	Corey Kachmar 139	Male	2:47:49	0:34:11	0:39:16	1:58:51	1:59:56	2:47:49
				0:34:11	0:05:05	1:19:35	0:01:05	0:47:53
71	Molly Driediger 161	Masters Female	2:49:26	0:35:23	0:38:23	1:57:16	1:58:57	2:49:26
				0:35:23	0:03:00	1:18:53	0:01:41	0:50:29
72	Ross Ecclestone 130	Male	2:49:29	0:36:13	0:39:26	2:02:31	2:05:18	2:49:29
				0:36:13	0:03:13	1:23:05	0:02:47	0:44:11
73	Jacob Dickinson 127	Male	2:49:55	0:33:20	0:36:19	1:56:55	1:58:05	2:49:55
				0:33:20	0:02:59	1:20:36	0:01:10	0:51:50
74	Adam Healy 135	Male	2:50:00	0:35:26	0:37:22	1:58:20	1:59:42	2:50:00

				0:35:26	0:01:56	1:20:58	0:01:22	0:50:18
75	Satan's butlers ghost 2.0 211	Team Coed	2:50:56	0:37:19	0:39:17	1:58:40	2:02:35	2:50:56
				0:37:19	0:01:58	1:19:23	0:03:55	0:48:21
76	Patrick Hayes 180	Masters Male	2:51:45	0:35:41	0:37:56	1:56:52	1:59:03	2:51:45
				0:35:41	0:02:15	1:18:56	0:02:11	0:52:42
77	Blake Ziegler 157	Male	2:52:37	0:37:48	0:39:01	1:58:42	1:59:54	2:52:37
				0:37:48	0:01:13	1:19:41	0:01:12	0:52:43
78	Brianne Singh 115	Female	2:54:29	0:35:53	0:39:20	2:08:58	2:10:41	2:54:29
				0:35:53	0:03:27	1:29:38	0:01:43	0:43:48
79	Natalie Mechalko 110	Female	2:56:05	0:36:16	0:38:57	2:05:49	2:06:51	2:56:05
				0:36:16	0:02:41	1:26:52	0:01:02	0:49:14
80	Matt & Liam 228	Team Male	2:56:42	0:37:57	0:38:27	2:00:58	2:02:07	2:56:42
				0:37:57	0:00:30	1:22:31	0:01:09	0:54:35
81	Define Lost 218	Team Female	2:57:09	0:37:11	0:40:40	2:03:52	2:06:56	2:57:09
				0:37:11	0:03:29	1:23:12	0:03:04	0:50:13
82	Sharlene Kottelenberg 105	Female	2:57:35	0:39:21	0:43:46	2:09:53	2:11:06	2:57:35
				0:39:21	0:04:25	1:26:07	0:01:13	0:46:29
83	Keith Billings 171	Masters Male	2:58:30	0:36:53	0:40:45	2:00:19	2:02:07	2:58:30
				0:36:53	0:03:52	1:19:34	0:01:48	0:56:23
84	Jessica Kuhn 106	Female	2:58:36	0:37:24	0:38:55	2:13:09	2:14:50	2:58:36
				0:37:24	0:01:31	1:34:14	0:01:41	0:43:46
85	Nathan McIntosh 142	Male	2:59:25	0:37:13	0:39:11	2:00:52	2:02:04	2:59:25
				0:37:13	0:01:58	1:21:41	0:01:12	0:57:21
86	Tori Runyon 114	Female	3:00:35	0:37:50	0:40:30	2:13:35	2:14:36	3:00:35
				0:37:50	0:02:40	1:33:05	0:01:01	0:45:59
87	Ian Jones 183	Masters Male	3:00:56	0:36:56	0:38:52	2:00:59	2:01:44	3:00:56
				0:36:56	0:01:56	1:22:07	0:00:45	0:59:12
88	Carissa Campbell 158	Masters Female	3:02:14	0:34:03	0:37:31	2:17:40	2:20:20	3:02:14
				0:34:03	0:03:28	1:40:09	0:02:40	0:41:54
89	Jennifer Dewar 160	Masters Female	3:04:10	0:38:21	0:41:52	2:14:56	2:17:02	3:04:10

				0:38:21	0:03:31	1:33:04	0:02:06	0:47:08
90	Greg Dunlop 176	Masters Male	3:04:46	0:38:33	0:42:14	2:10:09	2:13:57	3:04:46
				0:38:33	0:03:41	1:27:55	0:03:48	0:50:49
91	Valhalla 215	Team Coed	3:07:35	0:32:21	0:33:09	2:23:37	2:24:44	3:07:35
				0:32:21	0:00:48	1:50:28	0:01:07	0:42:51
92	One Hendo Percent 208	Team Coed	3:08:26	0:42:18	0:45:14	2:17:34	2:21:29	3:08:26
				0:42:18	0:02:56	1:32:20	0:03:55	0:46:57
93	Lisa White 118	Female	3:08:37	0:40:19	0:43:03	2:19:10	2:20:25	3:08:37
				0:40:19	0:02:44	1:36:07	0:01:15	0:48:12
94	Jan Henning 181	Masters Male	3:09:04	0:33:01	0:36:02	2:07:29	2:09:59	3:09:04
				0:33:01	0:03:01	1:31:27	0:02:30	0:59:05
95	NARly Reaching 220	Team Female	3:09:45	0:49:01	0:50:09	2:14:30	2:16:21	3:09:45
				0:49:01	0:01:08	1:24:21	0:01:51	0:53:24
96	Eat Pasta Run Fasta 203	Team Coed	3:09:57	0:45:00	0:47:44	2:25:38	2:27:55	3:09:57
				0:45:00	0:02:44	1:37:54	0:02:17	0:42:02
97	Mike & Jenny 250	Team Relay	3:10:21	0:37:36	0:42:00	2:23:03	2:23:28	3:10:21
				0:37:36	0:04:24	1:41:03	0:00:25	0:46:53
98	Valerie Westerhout 117	Female	3:11:32	0:41:51	0:43:57	2:24:12	2:26:09	3:11:32
				0:41:51	0:02:06	1:40:15	0:01:57	0:45:23
99	Grant Dunlop 128	Male	3:11:35	0:37:46	0:41:52	2:08:26	2:13:59	3:11:35
				0:37:46	0:04:06	1:26:34	0:05:33	0:57:36
100	Erin Churchill 159	Masters Female	3:12:46	0:42:34	0:44:46	2:12:05	2:15:06	3:12:46
				0:42:34	0:02:12	1:27:19	0:03:01	0:57:40
101	Ronald Billings 172	Masters Male	3:12:57	0:38:07	0:42:04	2:05:39	2:08:00	3:12:57
				0:38:07	0:03:57	1:23:35	0:02:21	1:04:57
102	Allison Hart 162	Masters Female	3:13:01	0:34:06	0:38:47	2:11:12	2:15:11	3:13:01
				0:34:06	0:04:41	1:32:25	0:03:59	0:57:50
103	sazndaz 212	Team Coed	3:14:08	0:39:06	0:40:32	2:16:44	2:21:03	3:14:08
				0:39:06	0:01:26	1:36:12	0:04:19	0:53:05
104	Jeremy Luyt 184	Masters Male	3:18:57	0:42:09	0:45:00	2:25:14	2:26:42	3:18:57

				0:42:09	0:02:51	1:40:14	0:01:28	0:52:15
105	SunLovers 213	Team Coed	3:26:04	0:41:20	0:44:57	2:29:25	2:33:10	3:26:04
				0:41:20	0:03:37	1:44:28	0:03:45	0:52:54
106	Caleb & Brendan 224	Team Male	3:27:19	0:41:03	0:43:39	2:21:08	2:28:03	3:27:19
				0:41:03	0:02:36	1:37:29	0:06:55	0:59:16
107	Stacy Hughes 103	Female	3:31:22	0:35:27	0:38:56	2:29:39	2:31:26	3:31:22
				0:35:27	0:03:29	1:50:43	0:01:47	0:59:56
108	Laura Potje 165	Masters Female	3:31:42	0:38:24	0:41:16	2:28:22	2:30:15	3:31:42
				0:38:24	0:02:52	1:47:06	0:01:53	1:01:27
109	Couple's Therapy 201	Team Coed	3:35:01	0:37:43	0:39:40	2:21:13	2:23:05	3:35:01
				0:37:43	0:01:57	1:41:33	0:01:52	1:11:56
110	Paul Clark 196	Masters Male	3:36:10	0:46:16	0:51:29	2:35:45	2:39:21	3:36:10
				0:46:16	0:05:13	1:44:16	0:03:36	0:56:49
111	Steve Atkinson 120	Male	3:38:02	0:36:08	0:38:05	2:20:03	2:21:49	3:38:02
				0:36:08	0:01:57	1:41:58	0:01:46	1:16:13
112	Happy Feet 219	Team Female	3:40:22	0:44:06	0:46:32	2:41:19	2:43:15	3:40:22
				0:44:06	0:02:26	1:54:47	0:01:56	0:57:07
113	Cirque Du Sore Legs 200	Team Coed	3:44:28	0:50:43	0:59:38	3:16:09	3:24:47	3:44:28
				0:50:43	0:08:55	2:16:31	0:08:38	0:19:41
114	Team BS 214	Team Coed	3:51:27	0:46:08	0:50:01	2:42:44	2:45:19	3:51:27
				0:46:08	0:03:53	1:52:43	0:02:35	1:06:08
115	Mind your business 229	Team Male	3:59:22	0:48:10	1:00:04	2:50:00	2:52:34	3:59:22
				0:48:10	0:11:54	1:49:56	0:02:34	1:06:48
116	Chicks with Kick 217	Team Female	4:09:56	0:38:34	0:43:28	2:54:49	2:57:21	4:09:56
				0:38:34	0:04:54	2:11:21	0:02:32	1:12:35
	VerMar 221	Team Female	DNF	0:45:39	0:49:37	-----	-----	-----
				0:45:39	0:03:58			