

**Bruce Peninsula Multisport Race 2023 - Splits**  
**Suntrail Course**

Overall Rank	Name/Team Name	Category	Finish Time	Paddle	TA1	Bike	TA2	Run
1	Andrew Jeffery 168	Solo Male	1:45:31	0:24:24	0:25:43	1:10:42	1:12:12	1:45:31
				0:24:24	0:01:19	0:44:59	0:01:30	0:33:19
2	Chris Hodgkinson 166	Solo Male	1:48:07	0:21:25	0:22:05	1:13:05	1:13:36	1:48:07
				0:21:25	0:00:40	0:51:00	0:00:31	0:34:31
3	MARK SHOULDICE 191	Solo Male	1:48:17	0:20:59	0:21:36	1:11:40	1:12:39	1:48:17
				0:20:59	0:00:37	0:50:04	0:00:59	0:35:38
4	Peter Beisel 146	Solo Male	1:51:48	0:25:12	0:26:27	1:16:36	1:17:34	1:51:48
				0:25:12	0:01:15	0:50:09	0:00:58	0:34:14
5	Adam Akerman 138	Solo Male	1:52:35	0:23:46	0:24:16	1:15:18	1:16:00	1:52:35
				0:23:46	0:00:30	0:51:02	0:00:42	0:36:35
6	Scott Kalbfleisch 170	Solo Male	1:55:12	0:24:36	0:26:05	1:18:40	1:19:21	1:55:12
				0:24:36	0:01:29	0:52:35	0:00:41	0:35:51
7	Hayden Wardell 197	Solo Male	1:55:50	0:28:50	0:30:32	1:19:59	1:20:31	1:55:50
				0:28:50	0:01:42	0:49:27	0:00:32	0:35:19
8	Glenn Edwards 157	Solo Male	1:56:09	0:23:57	0:24:53	1:17:40	1:18:21	1:56:09
				0:23:57	0:00:56	0:52:47	0:00:41	0:37:48
9	Rob Sealey 190	Solo Male	1:56:58	0:28:54	0:30:38	1:19:41	1:21:25	1:56:58
				0:28:54	0:01:44	0:49:03	0:01:44	0:35:33
10	Jamie Miller 180	Solo Male	1:57:32	0:26:44	0:27:19	1:20:36	1:21:52	1:57:32
				0:26:44	0:00:35	0:53:17	0:01:16	0:35:40
11	Matthew Akerman 137	Solo Male	1:58:22	0:28:19	0:29:10	1:20:29	1:21:14	1:58:22
				0:28:19	0:00:51	0:51:19	0:00:45	0:37:08
12	Cody Dobson 155	Solo Male	2:01:27	0:32:16	0:34:03	1:26:08	1:27:20	2:01:27
				0:32:16	0:01:47	0:52:05	0:01:12	0:34:07
13	Brad Shouldice 192	Solo Male	2:03:02	0:25:35	0:26:44	1:24:32	1:25:04	2:03:02
				0:25:35	0:01:09	0:57:48	0:00:32	0:37:58
14	General Leung 173	Solo Male	2:04:09	0:33:52	0:35:22	1:26:03	1:26:57	2:04:09

				0:33:52	0:01:30	0:50:41	0:00:54	0:37:12
15	Jason Burrows 152	Solo Male	2:04:16	0:26:11	0:28:19	1:25:13	1:26:04	2:04:16
				0:26:11	0:02:08	0:56:54	0:00:51	0:38:12
16	Andrew MacKinnon 176	Solo Male	2:04:57	0:31:55	0:33:49	1:29:08	1:29:35	2:04:57
				0:31:55	0:01:54	0:55:19	0:00:27	0:35:22
17	Jesse Fortier 158	Solo Male	2:06:02	0:34:42	0:35:33	1:27:53	1:28:57	2:06:02
				0:34:42	0:00:51	0:52:20	0:01:04	0:37:05
18	Ken Whatmough 199	Solo Male	2:06:22	0:23:55	0:26:48	1:25:35	1:27:01	2:06:22
				0:23:55	0:02:53	0:58:47	0:01:26	0:39:21
19	Paul Hollingshead 167	Solo Male	2:06:25	0:33:21	0:34:58	1:29:11	1:30:56	2:06:25
				0:33:21	0:01:37	0:54:13	0:01:45	0:35:29
20	Travis Bowman 151	Solo Male	2:07:49	0:32:40	0:33:52	1:27:28	1:28:28	2:07:49
				0:32:40	0:01:12	0:53:36	0:01:00	0:39:21
21	Paul St. Pierre 194	Solo Male	2:08:08	0:25:39	0:27:11	1:25:54	1:27:59	2:08:08
				0:25:39	0:01:32	0:58:43	0:02:05	0:40:09
22	Harrison Goodspeed 163	Solo Male	2:09:13	0:30:52	0:32:11	1:27:32	1:28:15	2:09:13
				0:30:52	0:01:19	0:55:21	0:00:43	0:40:58
23	Eric Ysselstein 202	Solo Male	2:09:21	0:29:21	0:30:44	1:28:00	1:28:49	2:09:21
				0:29:21	0:01:23	0:57:16	0:00:49	0:40:32
24	Scrambled Legs and Achin' 269	Team All-Male	2:10:49	0:32:05	0:36:02	1:30:20	1:31:42	2:10:49
				0:32:05	0:03:57	0:54:18	0:01:22	0:39:07
25	Brian Binning 149	Solo Male	2:11:14	0:31:09	0:33:45	1:35:00	1:35:43	2:11:14
				0:31:09	0:02:36	1:01:15	0:00:43	0:35:31
26	Average Joes 259	Team All-Male	2:11:56	0:29:38	0:31:11	1:31:38	1:32:48	2:11:56
				0:29:38	0:01:33	1:00:27	0:01:10	0:39:08
27	Jamie Wilken 200	Solo Male	2:14:15	0:31:58	0:33:56	1:29:17	1:30:15	2:14:15
				0:31:58	0:01:58	0:55:21	0:00:58	0:44:00
28	Yoking Around 273	Team All-Male	2:14:20	0:27:14	0:30:17	1:28:58	1:32:02	2:14:20
				0:27:14	0:03:03	0:58:41	0:03:04	0:42:18
29	Fishes out of Water 276	Team Coed	2:15:52	0:23:46	0:26:59	1:29:11	1:31:21	2:15:52
				0:23:46	0:03:13	1:02:12	0:02:10	0:44:31
30	Mailbox 265	Team All-Male	2:16:24	0:32:46	0:34:19	0:34:19	1:33:16	2:16:24
				0:32:46	0:01:33	0:00:00	0:58:57	0:43:08

31	Trevor Anderson 139	Solo Male	2:17:13	0:31:52	0:33:22	1:33:40	1:34:43	2:17:13
				0:31:52	0:01:30	1:00:18	0:01:03	0:42:30
32	Josh Behmann 143	Solo Male	2:17:22	0:28:46	0:30:22	1:29:02	1:29:53	2:17:22
				0:28:46	0:01:36	0:58:40	0:00:51	0:47:29
33	Brian Hayman 164	Solo Male	2:17:34	0:35:11	0:37:10	1:38:42	1:39:27	2:17:34
				0:35:11	0:01:59	1:01:32	0:00:45	0:38:07
34	Jaime Arthur 101	Solo Female	2:18:08	0:33:24	0:36:55	1:38:03	1:39:40	2:18:08
				0:33:24	0:03:31	1:01:08	0:01:37	0:38:28
35	Catherine Trudelle 132	Solo Female	2:19:04	0:36:22	0:38:52	1:36:03	1:37:31	2:19:04
				0:36:22	0:02:30	0:57:11	0:01:28	0:41:33
36	Conan Lear 172	Solo Male	2:19:36	0:26:21	0:28:27	1:27:39	1:29:04	2:19:36
				0:26:21	0:02:06	0:59:12	0:01:25	0:50:32
37	Birch Behmann 144	Solo Male	2:20:43	0:30:21	0:31:51	1:34:35	1:35:36	2:20:43
				0:30:21	0:01:30	1:02:44	0:01:01	0:45:07
38	Michael Read 186	Solo Male	2:21:17	0:33:32	0:36:33	1:40:43	1:41:48	2:21:17
				0:33:32	0:03:01	1:04:10	0:01:05	0:39:29
39	Tanya Fish 112	Solo Female	2:21:33	0:30:02	0:32:31	1:35:14	1:36:55	2:21:33
				0:30:02	0:02:29	1:02:43	0:01:41	0:44:38
40	VanGoodson 290	Team Coed	2:21:57	0:33:19	0:35:11	1:42:25	1:43:46	2:21:57
				0:33:19	0:01:52	1:07:14	0:01:21	0:38:11
41	Jenna Kentel 117	Solo Female	2:22:39	0:33:33	0:35:53	1:44:19	1:45:15	2:22:39
				0:33:33	0:02:20	1:08:26	0:00:56	0:37:24
42	Claudette(Shine) McKnight 120	Solo Female	2:22:48	0:28:53	0:31:26	1:34:42	1:36:12	2:22:48
				0:28:53	0:02:33	1:03:16	0:01:30	0:46:36
43	Running on Paddles 268	Team All-Male	2:24:38	0:35:33	0:36:30	1:42:05	1:43:31	2:24:38
				0:35:33	0:00:57	1:05:35	0:01:26	0:41:07
43	Rickbriman 267	Team All-Male	2:24:38	0:31:11	0:35:41	1:35:55	1:38:24	2:24:38
				0:31:11	0:04:30	1:00:14	0:02:29	0:46:14
45	Jason Ryan 189	Solo Male	2:24:42	0:34:40	0:38:24	1:37:58	1:41:19	2:24:42
				0:34:40	0:03:44	0:59:34	0:03:21	0:43:23
46	Go Go Gadget Legs..and Arms! 253	Team All-Female	2:25:28	0:35:54	0:38:43	1:40:19	1:42:07	2:25:28
				0:35:54	0:02:49	1:01:36	0:01:48	0:43:21
47	Mike Weiler 198	Solo Male	2:27:11	0:34:28	0:38:07	1:38:27	1:40:37	2:27:11

				0:34:28	0:03:39	1:00:20	0:02:10	0:46:34
48	Shawn Mcneil 178	Solo Male	2:27:38	0:31:49	0:34:20	1:39:45	1:42:25	2:27:38
				0:31:49	0:02:31	1:05:25	0:02:40	0:45:13
49	Cory Jones 169	Solo Male	2:28:53	0:35:55	0:37:17	1:39:22	1:40:47	2:28:53
				0:35:55	0:01:22	1:02:05	0:01:25	0:48:06
50	Jenny Brydges 106	Solo Female	2:29:05	0:34:03	0:38:07	1:46:01	1:46:52	2:29:05
				0:34:03	0:04:04	1:07:54	0:00:51	0:42:13
51	Madill Boys 263	Team All-Male	2:29:51	0:37:29	0:40:35	1:43:17	1:45:24	2:29:51
				0:37:29	0:03:06	1:02:42	0:02:07	0:44:27
52	David Dolson 156	Solo Male	2:29:52	0:31:41	0:35:47	1:43:30	1:46:07	2:29:52
				0:31:41	0:04:06	1:07:43	0:02:37	0:43:45
53	Ian MacLean 177	Solo Male	2:31:00	0:33:30	0:35:41	1:38:05	1:40:21	2:31:00
				0:33:30	0:02:11	1:02:24	0:02:16	0:50:39
54	sharon clark 109	Solo Female	2:31:18	0:37:24	0:39:59	1:48:29	1:50:55	2:31:18
				0:37:24	0:02:35	1:08:30	0:02:26	0:40:23
55	Lindsey Chapman 107	Solo Female	2:31:31	0:34:35	0:36:42	1:44:10	1:46:22	2:31:31
				0:34:35	0:02:07	1:07:28	0:02:12	0:45:09
56	Natalie Mechalko 121	Solo Female	2:31:39	0:36:18	0:38:17	1:41:48	1:43:27	2:31:39
				0:36:18	0:01:59	1:03:31	0:01:39	0:48:12
57	Matt Montague 181	Solo Male	2:32:45	0:34:44	0:39:11	1:36:22	1:39:03	2:32:45
				0:34:44	0:04:27	0:57:11	0:02:41	0:53:42
58	Jacob Dickinson 154	Solo Male	2:32:53	0:31:20	0:34:09	1:42:35	1:44:08	2:32:53
				0:31:20	0:02:49	1:08:26	0:01:33	0:48:45
59	Katie Kwasnicki 118	Solo Female	2:32:56	0:35:23	0:38:38	1:46:27	1:48:17	2:32:56
				0:35:23	0:03:15	1:07:49	0:01:50	0:44:39
60	Nicole Romer 125	Solo Female	2:33:26	0:34:14	0:35:47	1:40:18	1:43:22	2:33:26
				0:34:14	0:01:33	1:04:31	0:03:04	0:50:04
61	Brianne Singh 129	Solo Female	2:33:29	0:34:53	0:37:34	1:45:37	1:49:11	2:33:29
				0:34:53	0:02:41	1:08:03	0:03:34	0:44:18
62	Walter Benzinger 147	Solo Male	2:34:50	0:39:26	0:42:28	1:48:06	1:50:09	2:34:50
				0:39:26	0:03:02	1:05:38	0:02:03	0:44:41
63	Ernie Nesbitt 183	Solo Male	2:35:52	0:38:07	0:41:20	1:43:36	1:49:07	2:35:52
				0:38:07	0:03:13	1:02:16	0:05:31	0:46:45

64	Molly Driediger 111	Solo Female	2:36:43	0:34:10	0:34:58	1:42:45	1:44:19	2:36:43
				0:34:10	0:00:48	1:07:47	0:01:34	0:52:24
65	Jennifer Goodspeed 113	Solo Female	2:37:25	0:36:31	0:39:49	1:49:19	1:51:55	2:37:25
				0:36:31	0:03:18	1:09:30	0:02:36	0:45:30
66	Leighward 262	Team All-Male	2:38:32	0:31:36	0:33:31	1:41:40	1:45:12	2:38:32
				0:31:36	0:01:55	1:08:09	0:03:32	0:53:20
67	Sussodio 270	Team All-Male	2:39:13	0:33:04	0:34:54	1:45:11	1:47:25	2:39:13
				0:33:04	0:01:50	1:10:17	0:02:14	0:51:48
68	carlos smits 193	Solo Male	2:40:12	0:31:10	0:38:32	1:42:30	1:48:20	2:40:12
				0:31:10	0:07:22	1:03:58	0:05:50	0:51:52
69	Give me two minutes 261	Team All-Male	2:40:46	0:45:14	0:46:36	1:56:48	1:57:53	2:40:46
				0:45:14	0:01:22	1:10:12	0:01:05	0:42:53
70	jeffrey willman 201	Solo Male	2:42:48	0:34:25	0:36:51	1:50:42	1:52:26	2:42:48
				0:34:25	0:02:26	1:13:51	0:01:44	0:50:22
71	Alicia Montague 122	Solo Female	2:44:32	0:43:01	0:45:29	2:00:15	2:01:31	2:44:32
				0:43:01	0:02:28	1:14:46	0:01:16	0:43:01
72	Erin Churchill 108	Solo Female	2:45:13	0:38:28	0:41:15	1:48:36	1:51:16	2:45:13
				0:38:28	0:02:47	1:07:21	0:02:40	0:53:57
73	The Chicks 256	Team All-Female	2:45:24	0:37:17	0:39:54	1:52:09	1:54:40	2:45:24
				0:37:17	0:02:37	1:12:15	0:02:31	0:50:44
74	Lu&Du Adventure 280	Team Coed	2:46:34	0:31:16	0:34:04	1:48:47	1:53:03	2:46:34
				0:31:16	0:02:48	1:14:43	0:04:16	0:53:31
75	Mom's Favourite 281	Team Coed	2:46:35	0:31:14	0:34:10	1:48:22	1:52:51	2:46:35
				0:31:14	0:02:56	1:14:12	0:04:29	0:53:44
76	gears-goals-grit 252	Team All-Female	2:46:58	0:36:38	0:40:10	1:51:35	1:55:39	2:46:58
				0:36:38	0:03:32	1:11:25	0:04:04	0:51:19
77	Melissa Warwick 133	Solo Female	2:48:48	0:35:16	0:37:05	1:50:47	1:51:51	2:48:48
				0:35:16	0:01:49	1:13:42	0:01:04	0:56:57
78	Jennifer Dewar 110	Solo Female	2:49:33	0:37:52	0:43:35	2:00:11	2:03:34	2:49:33
				0:37:52	0:05:43	1:16:36	0:03:23	0:45:59
79	Brad Morgan 182	Solo Male	2:49:39	0:30:15	0:33:42	1:40:11	1:49:13	2:49:39
				0:30:15	0:03:27	1:06:29	0:09:02	1:00:26
80	Cheryl Willsie 135	Solo Female	2:49:40	0:40:12	0:42:52	2:00:34	2:02:47	2:49:40

				0:40:12	0:02:40	1:17:42	0:02:13	0:46:53
81	Define Lost 251	Team All-Female	2:49:50	0:33:30	0:36:40	1:55:02	1:57:57	2:49:50
				0:33:30	0:03:10	1:18:22	0:02:55	0:51:53
81	Meredith Brown 105	Solo Female	2:49:50	0:36:33	0:38:57	1:52:46	1:54:04	2:49:50
				0:36:33	0:02:24	1:13:49	0:01:18	0:55:46
83	The Broken Records 287	Team Coed	2:50:15	0:32:29	0:37:45	1:52:38	1:54:36	2:50:15
				0:32:29	0:05:16	1:14:53	0:01:58	0:55:39
84	Dianne Price 124	Solo Female	2:51:01	0:32:37	0:34:17	1:50:21	1:52:41	2:51:01
				0:32:37	0:01:40	1:16:04	0:02:20	0:58:20
85	Team ND 285	Team Coed	2:51:30	0:50:34	0:51:45	2:14:32	2:15:29	2:51:30
				0:50:34	0:01:11	1:22:47	0:00:57	0:36:01
86	Laura Swanson 131	Solo Female	2:52:29	0:32:21	0:34:31	1:51:18	1:52:30	2:52:29
				0:32:21	0:02:10	1:16:47	0:01:12	0:59:59
87	Rosie's Riveters 283	Team Coed	2:53:49	0:34:18	0:38:04	1:52:29	1:55:20	2:53:49
				0:34:18	0:03:46	1:14:25	0:02:51	0:58:29
88	There's Always Next Year 272	Team All-Male	2:53:53	0:36:32	0:42:33	1:57:14	1:59:22	2:53:53
				0:36:32	0:06:01	1:14:41	0:02:08	0:54:31
89	Madill Girls 264	Team All-Male	2:54:24	0:34:24	0:38:11	1:55:47	1:57:38	2:54:24
				0:34:24	0:03:47	1:17:36	0:01:51	0:56:46
90	Benjamin Lampkin 171	Solo Male	2:54:31	0:45:37	0:47:25	1:55:31	1:57:02	2:54:31
				0:45:37	0:01:48	1:08:06	0:01:31	0:57:29
91	Hot Wheels 277	Team Coed	2:55:32	0:36:34	0:38:48	1:58:13	1:59:40	2:55:32
				0:36:34	0:02:14	1:19:25	0:01:27	0:55:52
92	blain clark 153	Solo Male	2:55:38	0:36:42	0:41:59	1:46:15	1:53:25	2:55:38
				0:36:42	0:05:17	1:04:16	0:07:10	1:02:13
93	Who Runs the World 258	Team All-Female	2:57:16	0:35:23	0:38:40	1:54:00	1:58:11	2:57:16
				0:35:23	0:03:17	1:15:20	0:04:11	0:59:05
94	Emily Ysselstein 136	Solo Female	2:58:40	0:41:56	0:43:18	1:56:57	1:58:17	2:58:40
				0:41:56	0:01:22	1:13:39	0:01:20	1:00:23
95	Acton Racers 250	Team All-Female	2:58:49	0:39:48	0:41:04	2:00:20	2:02:04	2:58:49
				0:39:48	0:01:16	1:19:16	0:01:44	0:56:45
96	The Fox & The Hound 257	Team All-Female	3:00:51	0:40:28	0:43:29	2:12:24	2:14:06	3:00:51
				0:40:28	0:03:01	1:28:55	0:01:42	0:46:45

97	Malden Men C 266	Team All-Male	3:03:04	0:39:08	0:40:06	2:01:58	2:03:55	3:03:04
				0:39:08	0:00:58	1:21:52	0:01:57	0:59:09
98	Eat Pasta Run Fasta 275	Team Coed	3:04:53	0:34:07	0:36:35	2:23:17	2:24:17	3:04:53
				0:34:07	0:02:28	1:46:42	0:01:00	0:40:36
99	Jeremy Luyt 174	Solo Male	3:05:07	0:44:37	0:49:06	2:10:24	2:13:45	3:05:07
				0:44:37	0:04:29	1:21:18	0:03:21	0:51:22
100	Hot Wheels Sr 278	Team Coed	3:05:35	0:32:00	0:35:47	1:57:24	2:00:37	3:05:35
				0:32:00	0:03:47	1:21:37	0:03:13	1:04:58
101	Birds of a Feather 274	Team Coed	3:06:00	0:35:16	0:39:39	2:01:29	2:08:02	3:06:00
				0:35:16	0:04:23	1:21:50	0:06:33	0:57:58
102	Steven Atkinson 140	Solo Male	3:06:29	0:34:01	0:37:05	1:51:33	1:54:35	3:06:29
				0:34:01	0:03:04	1:14:28	0:03:02	1:11:54
103	Gina Broderick 104	Solo Female	3:06:42	0:42:11	0:45:45	2:00:45	2:02:17	3:06:42
				0:42:11	0:03:34	1:15:00	0:01:32	1:04:25
104	Two for the Road 289	Team Coed	3:08:40	0:33:10	0:35:21	2:15:45	2:17:03	3:08:40
				0:33:10	0:02:11	1:40:24	0:01:18	0:51:37
105	Katelin Sims 128	Solo Female	3:09:40	0:50:23	0:56:09	2:13:04	2:17:25	3:09:40
				0:50:23	0:05:46	1:16:55	0:04:21	0:52:15
106	Chris Beach 142	Solo Male	3:10:14	0:44:22	0:45:37	2:18:33	2:20:33	3:10:14
				0:44:22	0:01:15	1:32:56	0:02:00	0:49:41
107	Kim Weiler 134	Solo Female	3:11:11	0:40:19	0:44:24	2:05:05	2:09:44	3:11:11
				0:40:19	0:04:05	1:20:41	0:04:39	1:01:27
108	Francis's Fault 260	Team All-Male	3:14:31	0:37:14	0:40:24	2:08:16	2:14:56	3:14:31
				0:37:14	0:03:10	1:27:52	0:06:40	0:59:35
109	PHIL GARROD 161	Solo Male	3:18:44	0:33:25	0:41:51	2:03:43	2:07:01	3:18:44
				0:33:25	0:08:26	1:21:52	0:03:18	1:11:43
110	Team Green 271	Team All-Male	3:19:13	0:37:21	0:42:55	2:08:12	2:14:53	3:19:13
				0:37:21	0:05:34	1:25:17	0:06:41	1:04:20
111	Joshua France 160	Solo Male	3:19:44	0:42:40	0:47:37	2:15:59	2:18:24	3:19:44
				0:42:40	0:04:57	1:28:22	0:02:25	1:01:20
112	Kevin France 159	Solo Male	3:19:46	0:42:35	0:47:31	2:15:52	2:18:22	3:19:46
				0:42:35	0:04:56	1:28:21	0:02:30	1:01:24
113	Ashley Seeley 126	Solo Female	3:20:33	0:50:34	0:53:35	2:21:17	2:22:36	3:20:33

				0:50:34	0:03:01	1:27:42	0:01:19	0:57:57
114	Stubborn & Spaz 284	Team Coed	3:39:26	0:37:24	0:44:21	2:17:44	2:21:31	3:39:26
				0:37:24	0:06:57	1:33:23	0:03:47	1:17:55
115	Kelly Jackson 116	Solo Female	3:53:53	0:39:31	0:42:17	2:30:58	2:32:41	3:53:53
				0:39:31	0:02:46	1:48:41	0:01:43	1:21:12